

Chit Lake program- Texas, Nov 22-25, 2023

Report (Mallik Devulapalli)

Pranams to Great Master, and salutations to mentors, and all my brothers and sisters!

My thanks to Imperience, Institute for conceiving this program, and making it happen, a first in USA. Our mentors travelled from abroad to conduct this program. I feel grateful for being part of this program, it is a blessing to attend and be in the thought of Master, attend satsangs and partake in the Grace of Master beloved! We are grateful to the hosts for generously offering their private ranch residence for the program, making all arrangements to accommodate all of us, their hospitality is unmatched.

The ranch is located in rural area, in small village called Cat Springs, in Texas between Austin and Houston. The property is nestled in the midst of mature trees, creeks and walking trails, home to cows, deer and birds etc. Hosts provided benches and seats to sit under various places, under trees, by the creek to sit and meditate. I felt at ease from the time we arrived, sensing some kind of freedom and relaxed state of mind. Only worry if I could say anything on my mind was regarding adequacy of bathroom facilities in the morning for all of us to get ready, which turned out to be totally fine with all of us being efficient with time and facilities sharing.

Prior to arriving in the ranch, we had an abhyasi workshop in Austin, with satsangs and discussions, particularly the article "Who was He" by Danish abhyasis, regarding their experience of staying with Master in Shahjahanpur. Those thoughts and memories of Master's life were persistent in mind. How simple was his life and how high his thinking and great his service! On the way to the ranch, we heard a Kabir's poem sung (Jaha dekhoo waha tu-ka-tu), this orientation of mind was helpful. The couplets describe how His presence is all around where ever you see.

Physically though I was a bit fatigued with medications I was using for asthma. Mentally I was here to breath spirituality and enjoy whatever Master may grant me. I had some personal worries related to business but since I had put away my phone, I had no botheration. I was happy to see and meet all abhyasis from other centers in USA.

During the 4 days of program, I had meditations and satsangs each day and a couple of sittings. First day during silent moments I tried to remain in the thought of all pervading divinity, I walked alone along the trails. I felt something new, that each sensation I receive like the touch of breeze on my skin was felt as a vibration touching me to be from all pervasive Divine force., likewise the sounds of chirping birds or sights of trees these sensations were as if intimations from Master. During satsang felt balanced and happy in the remembrance of Master. The silence after satsang reminded me of the inner presence of Master, feeling of connectivity with

everything around was there. Next day in meditation, felt calm and alert. Got absorbed for some time., during satsang also hardly any thoughts besides the idea of Divine light in the heart.

We contemplated on nature of Viveka as pertains to a yogi is that yogi is very acutely aware of the suffering hidden in all experiences, present and future. Yogi's endeavor is to avoid it.

Mind is calm and serene, enjoyed walking outside and sitting under the trees for contemplation. We had noon satsang out in the open for 3 days. It felt good to sit under the warmth of autumn sun with a gentle breeze, I liked it. I have enjoyed the company of abhyasis even as I enjoyed the company of Master in the heart.

I had overflow of thoughts during morning satsang on Friday, body was hurting and mind wavering. It was difficult to ignore thoughts, I suppose lot of cleaning was done for me. After satsang was over I meditated and enjoyed silence. Saturday evening satsang was special for me, I was overflowing with Devotion to Master and attention on His presence in the heart was continuous. Felt time passed quickly. Was in no mood to get up and go for dinner. Grateful for the Grace of Master. Sunday morning, we had last satsang, I felt balanced and centered in the feeling of dependency on Master for everything.

After the program, I stayed back an extra day to help with logistics and enjoyed the silent time a bit longer. A week after, I am now experiencing balance in myself, calm states of mind, frequent remembrance of Master and renewed interest in sadhana with determination.

I am glad that I could join this program and enjoy the Grace of Master, brotherhood with abhyasis. I heartfully thank ISRC, Imperience and mentors again and am eagerly looking for another opportunity soon. I pray that we continue to get these opportunities to develop in sadhana, and more abhyasis feel interested to make use of the opportunities.

Sincerely

Mallik Devulapalli

Abhyasi from Austin center

PS: I am attaching some pictures taken one after satsang outside and others at the end of program where the host family of Dr Sreenivas Cherlo (his three daughters and his wife Sreedevi garu) also joined.





